 Tell us something that the reading did not tell us on that specific "thing" or embellish on what was presented. Be sure you are adding meaningful content to the conversation and not just making noise. Your addition can be a link to an article or you can write out your embellishment.

Minds wander 30% of the time

Mind wandering is more common than we think. [According to Schooler, when driving on an uncrowded highway, our mind wandering can be as high as **70%**](https://www.psychologytoday.com/us/blog/brain-wise/201301/our-minds-wander-at-least-30-percent-of-the-time) https://www.psychologytoday.com/us/blog/brain-wise/201301/our-minds-wander-at-least-30-percent-of-the-time

Mind wandering is linked to creativity. [People who mind wander a lot are able to work on the task at hand, while simultaneously processing other information and making connections amongst ideas](https://www.psychologytoday.com/us/blog/brain-wise/201301/our-minds-wander-at-least-30-percent-of-the-time) https://www.psychologytoday.com/us/blog/brain-wise/201301/our-minds-wander-at-least-30-percent-of-the-time